



# Performance of (1,3)-β- D-Glucan in Bronchoalveolar Lavage of Lung Transplant Recipients for the Diagnosis of Invasive Aspergillosis

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## Abstract

The role of (1, 3)-β-d-glucan (**BDG**) in bronchoalveolar lavage (**BAL**) is not well characterized. We studied the performance of the antigen in BAL of lung transplant recipients (**LTRs**). One hundred and forty four available BAL samples in 74 LTRs were included. There were 3 episodes of invasive pulmonary aspergillosis (**IPA**) and 55 respiratory fungal colonizations. At a cut-off of 107 pg/ml, the sensitivity and specificity of the test for IPA was 67% and 64% respectively. The median BAL BDG values were not elevated in respiratory fungal colonization. Further studies with higher numbers of invasive pulmonary aspergillosis are warranted.

## Background

(1, 3)-β-d-glucan is a constituent of the cell wall of yeast and mold except *Cryptococcus* and *Zygomycetes*. This antigen has been well studied in serum for the diagnosis of invasive fungal infection in hematological malignancy and hematopoietic stem cell transplant patients. In this patient population a single serum BDG carries a sensitivity and specificity of 57% and 97% for invasive aspergillosis and 73% and 97% for invasive candidiasis respectively<sup>1</sup>.

However serum BDG did not perform very well in lung transplant patients<sup>2</sup>. BDG in bronchoalveolar lavage fluid for the diagnosis of invasive fungal infection has not been well studied. There is no report of BAL BDG performance in lung transplant recipients. Lung transplant patients are prone to pulmonary invasive aspergillosis and tracheobronchitis from *Aspergillus spp.*

## Objectives

To determine the performance of BDG in BAL of lung transplant recipients for the diagnosis of invasive pulmonary aspergillosis.

## Methods

• One hundred and forty four available BAL samples in 74 lung transplant recipients were included for the study.

• The following information was collected from the electronic medical record: Name, age, sex, date of transplant, reason for transplant, CMV serostatus, indication for bronchoscopy, bronchoscopic findings, microbiologic data in BAL including galactomannan (**GM**), histopathology, imaging findings and anti-fungal therapy.

• With the above information a fungal diagnosis was ascertained for each episode using ISHLT criteria<sup>3</sup>. BAL samples were processed for BDG using the commercially available Fungitell assay (Associates of Cape Cod Inc, Falmouth, MA, USA).

## Statistics

• Median and interquartile range of beta-d-glucan values were determined for the different fungal diagnostic categories.

• The generalized estimating equations regression was used to construct the receiver operator characteristic (ROC) curve to derive the optimum cut-off for sensitivity and specificity.

## Results

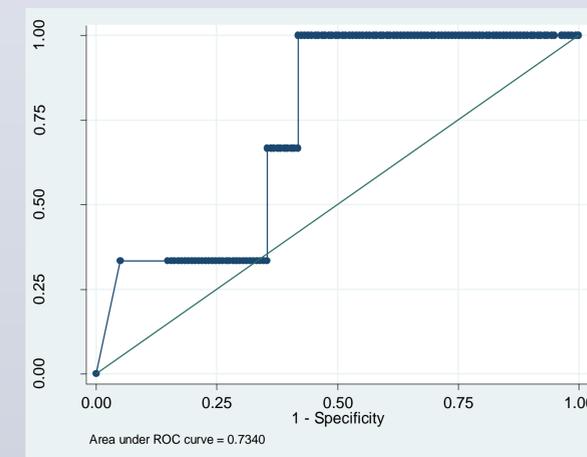
• Demographics of the 74 patients are displayed in Table 1.

• The 144 events were categorized into mutually exclusive groups: 3 with probable invasive pulmonary aspergillosis, 9 *Aspergillus spp.* colonization, 14 mold colonization other than *Aspergillus*, 23 yeast colonization, 9 mixed fungal colonization, 5 BAL galactomannan positive without IPA and 81 with no fungal organisms in BAL.

• The BAL BDG distribution in the above categories is displayed in Table 2.

• The optimum cut-off of BDG for the diagnosis of IPA was 107 pg/ml with a sensitivity and specificity of 67% and 64% respectively (Figure 1).

**Figure 1: Receiver operator characteristic (ROC) curve of (1, 3)-β-d-glucan in bronchoalveolar lavage for invasive aspergillosis in lung transplant recipients**



**Table 1: Demographics of the 74 patients**

| Variables                    | Frequency<br>N=74 |
|------------------------------|-------------------|
| Age (years)                  |                   |
| Median (IQR)                 | 56 (33-63)        |
| Male, n (%)                  | 40 (54)           |
| DLT, n (%)                   | 63 (85)           |
| Reason for transplant, n (%) |                   |
| ILD                          | 29 (39)           |
| COPD                         | 18 (24)           |
| Cystic fibrosis              | 18 (24)           |
| Others                       | 9 (13)            |
| Event from day of transplant |                   |
| Median (days) (IQR)          | 189 (52-378)      |
| CMV serostatus, n (%)        |                   |
| D+/R-                        | 19 (26)           |
| R+                           | 40 (54)           |
| R-                           | 11 (15)           |

IQR, Interquartile range; DLT, Double lung transplant; ILD, Interstitial lung disease; COPD, Chronic obstructive pulmonary disease; CMV, Cytomegalovirus; D, Donor; R, Recipient

**Table 2: Distribution of BDG values in the BAL of lung transplant recipients in the various fungal categories**

| Categories                  | N  | Median<br>(pg/ml) | Interquartile<br>range (pg/ml) |
|-----------------------------|----|-------------------|--------------------------------|
| IPA                         | 3  | 107.48            | 82.48 - 523,548                |
| Respiratory colonization    |    |                   |                                |
| <i>Aspergillus spp.</i>     | 9  | 88.36             | 54.75 - 7812                   |
| Non <i>Aspergillus</i> mold | 14 | 173.72            | 37.37 - 7812                   |
| Yeast                       | 23 | 52.59             | 21.39 - 261.53                 |
| Mixed fungal                | 9  | 46.21             | 26.16 - 7812                   |
| None                        | 81 | 41.6              | 24.91 - 108.47                 |
| BAL GM positive             | 5  | 120.25            | 36.2 - 221.79                  |

IPA, Invasive pulmonary aspergillosis; BDG, (1, 3)-β-d-glucan; BAL, Bronchoalveolar lavage; GM, galactomannan

## Conclusions

• To our knowledge this is the first study reporting the performance of BDG in BAL of lung transplant recipients.

• We had anticipated a higher number of invasive aspergillosis in our study. Due to the small number, we were unable to determine with certainty the sensitivity and specificity of the test.

• The median BDG values were not elevated in respiratory fungal colonization and therefore appear promising.

• Studies with higher numbers of invasive pulmonary aspergillosis are necessary.

## References

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